



Premium wild-caught seafood sourced from the cold, pristine waters of Canada's North Atlantic.



Nutrition Facts

Varied servings per container
Serving size 4 ounces (113g)

Amount Per Serving
Calories 100

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 170mg	7%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Includes 0g Added Sugars	0%
Protein 18g	
Vit D 0mcg 0%	Calcium 20mg 2%
Iron 0.4mg 2%	Potas. 270 mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Turbot
Allergen: Fish (Turbot)

TURBOT

Our Turbot is wild-caught in the cold, clean waters of the North Atlantic and processed to lock in exceptional freshness and quality.

❄️ WHOLE TURBOT – HEADED & GUTTED (IQF) Individually Quick Frozen

AVAILABLE SIZES

- 300–500g
- 0.5–1kg
- 1–2kg
- 2–3kg
- 3–5kg
- 5kg+

PACKAGING OPTIONS

- 1 x 30lb
- 1 x 20kg Layer Pack
- 1 x 15kg



❄️ HEAD-ON GUTTED TURBOT (IQF)

AVAILABLE SIZES

- 400–600g
- 600–800g
- 800–1000g
- 1000–1200g
- 1200g+
- 2–3kg

PACKAGING

- Layer Pack
- 1 x 15kg
- 1 x 18kg



❄️ TURBOT FILLETS (IQF)



AVAILABLE SIZES

- 300–600g

PACKAGING

- 3 x 15lb Shatters

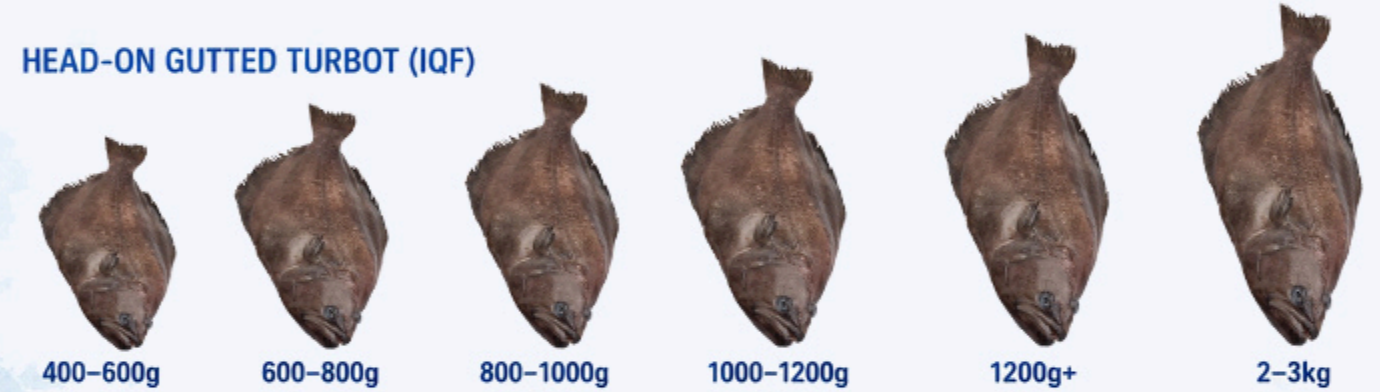


TURBOT SIZE GUIDE

WHOLE TURBOT – HEADED & GUTTED (IQF)



HEAD-ON GUTTED TURBOT (IQF)



TURBOT FILLETS (IQF)



TURBOT TAILS & HEADS (IQF)

