



Premium wild-caught seafood sourced from the cold, pristine waters of Canada's North Atlantic.



LOBSTER

Our premium lobster is harvested from the cold, pristine waters of Canada's North Atlantic. Known for its sweet, tender meat and exceptional quality, our lobster is carefully selected and handled to ensure the best experience from ocean to table.

We offer a variety of options to suit your needs, including live lobster, lobster tails, whole frozen lobster, and specialty cuts.

PRODUCT DESCRIPTION

Frozen, Cooked, IQF.
Scored or Unscored,
Claw sizes and pack
format vary.

NUTRITION INFORMATION

SERVINGS	1
SERVING WEIGHT	100 g or 3.5 oz
CALORIES	90
PROTEIN	18.80 g
FAT, TOTAL	0.9 g
SATURATED FATTY ACIDS, TOTAL	0.18 g
CARBOHYDRATE	0.5 g
SUGARS, TOTAL	0 g
FIBER, TOTAL DIETARY	0 g
CHOLESTEROL	95 mg
SELENIUM	41.4 mcg
SODIUM	296 mg

Ingredients: Lobster

Allergen: Crustacean Shellfish (Lobster)

LOBSTER TAILS (10 lbs Box)

Size (oz)	
2-3 oz	8-10 oz
3-4 oz	10-12 oz
4-5 oz	12-14 oz
5-6 oz	14-16 oz
6-7 oz	16-20 oz
7-8 oz	20-24 oz
	24-28 oz

WHOLE FROZEN LOBSTER (10 lbs Box)

Size (oz)
8-10 oz
10-12 oz
12-14 oz
14-16 oz
16-20 oz
20-24 oz
24+ oz



LOBSTER SIZE GUIDE

LOBSTER TAILS (10 lbs Box)

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10-12 oz	
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16-20 oz	
20-24 oz	
24+ oz	

SPECIALTY OPTIONS

Culls
(1 Arm Missing)



Bullets
(No Claws or Arms)



WILD CAUGHT
IN CANADA



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